

# Hearts & Flowers

By Hazel Lee

This quilled design makes a really beautiful Valentines Day card, especially with such traditionally romantic motifs as the cupid and roses. Alternatively, the heart theme could be used for an Anniversary card or just as a special card for a special person.

## Materials Required:

9 x 9cm piece of Dacron or thick Vilene.

11 x 11cm piece of White Lawn fabric.

Card mount - SF01U.

Cupid motif - MOT14.

1 Heart shaped offcut or thin card to make one.

45cm Silver ribbon 6mm wide.

White cotton lace - 30cm length.

P.V.A. Craft Adhesive and Bostik all purpose solvent free in the green tube (important).

2 strips of Purple 2mm quilling paper.

2 strips of Silver 3mm quilling paper.

2 strips of Green Gold edge 3mm quilling paper.

3 strips of Green 2mm quilling paper

½strip of Blue 3mm quilling paper.

2 strips of Deep Pink 10mm quilling paper.

Hole punch.

Crimping tool.

## To Make The Card:

Draw around the heart shape onto the card mount to give a position guide for the lace.

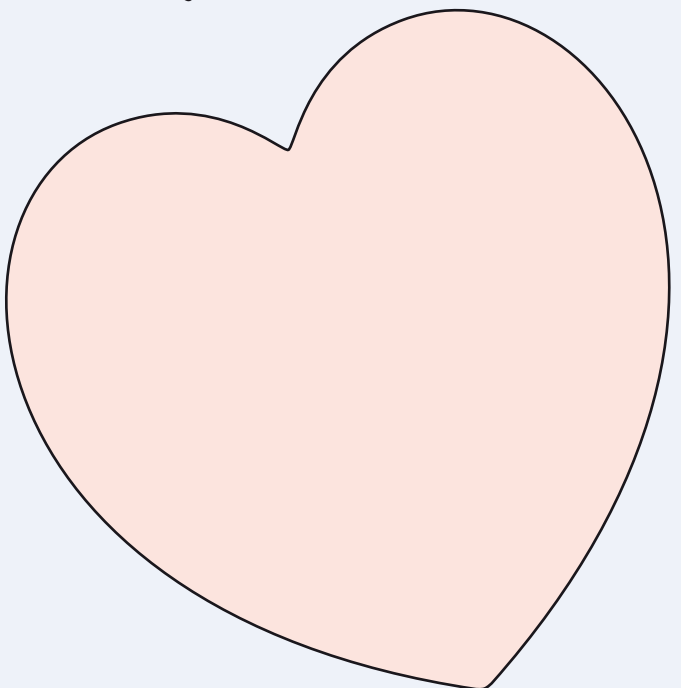
Iron the Lawn and cut to approximately 18mm bigger all around than the heart shape and place face downwards.

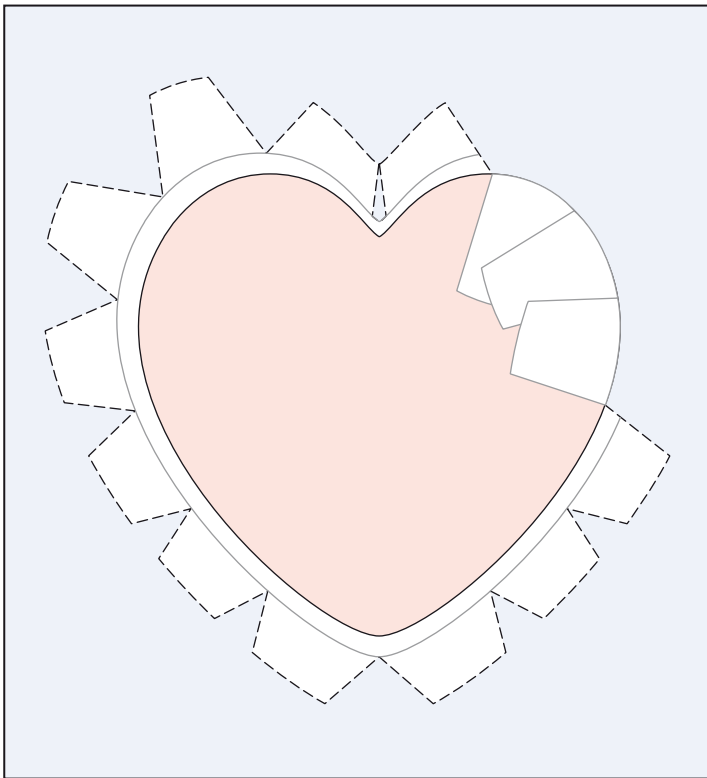
Cut the Dacron to the same size as the heart shape and place it onto the fabric. Place the card shape on top of the Dacron.

Snip the overlap of the fabric shape to within 3mm of the heart all around and fold this overlap over the card heart glueing into place as you go. Pull the fabric taut to make smooth but take care not to buckle the backing card.

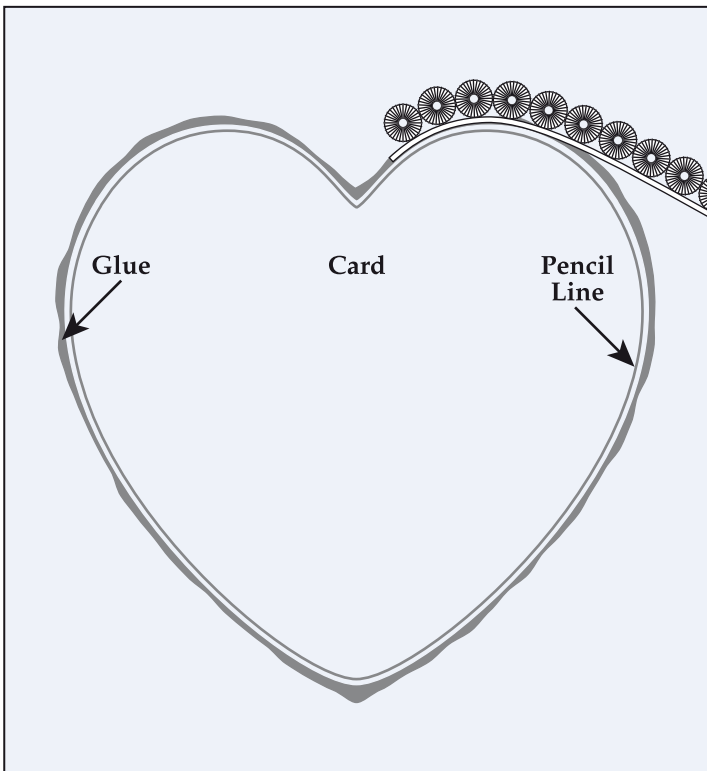


*Actual Size*





Make a thin trail of P.V.A. glue just outside the heart shape drawn onto the card mount and press the white lace onto this positioning so that just the fancy edge is beyond the pencil line.



Using the Bostik all purpose glue sparingly stick the shape to the card. Be very patient and keep pressing until it is well stuck. Pay special attention to the edges.

Applying the Bostik with a cocktail stick, fix the silver braid to the very edge of the padded heart.

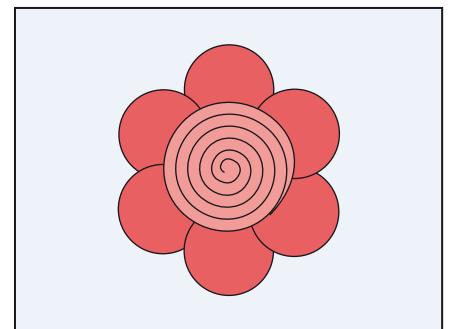
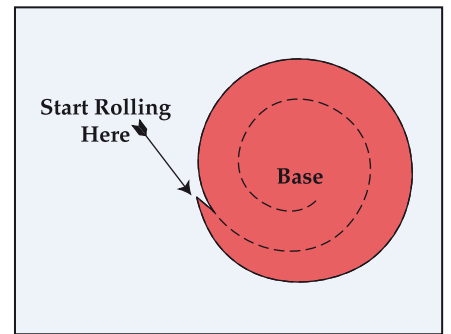
## Roses:

Using the 10mm strip of deep pink, draw around a 5p piece, then cut out. Cut a spiral from the outside edge

into the centre. Roll this spiral on the tool beginning at the outside edge, which will become the centre of the rose, and glue this onto a scrap piece of paper.

Glue the punched circles around this taking care to only glue the inside edge leaving the outside edges free. Once dry, cut the scrap paper away close to the flower.

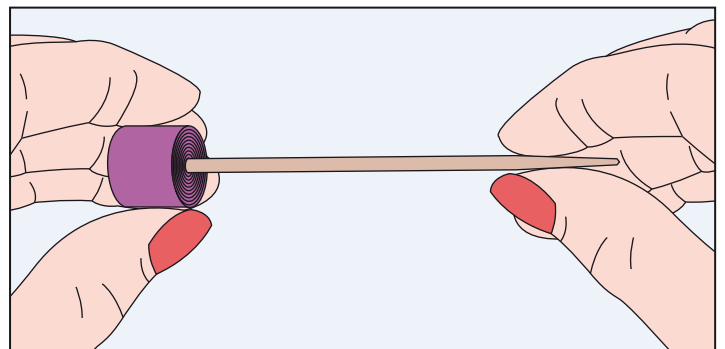
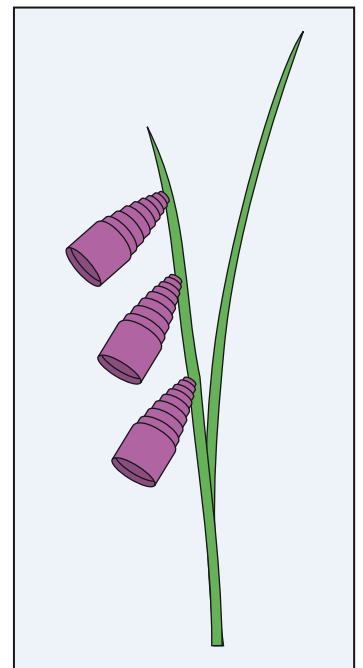
Make seven of these roses.

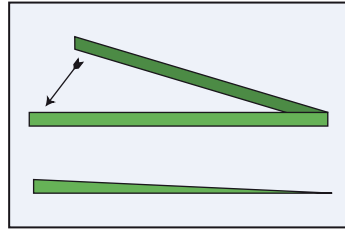
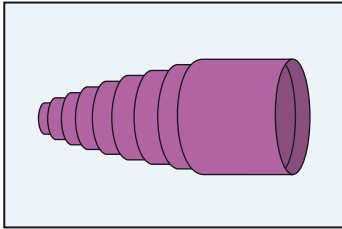


## Bell Flowers:

Using the purple paper cut into eighths, make eleven bell flowers as follows. Coil each length onto the tool and glue while still on the tool to make a peg, remove from the tool and push the centre gently out with a cocktail stick to form the bell.

Using the plain green strips tear three lengths approximately 10cm. Fold in half and glue together. Cut the end to a taper and

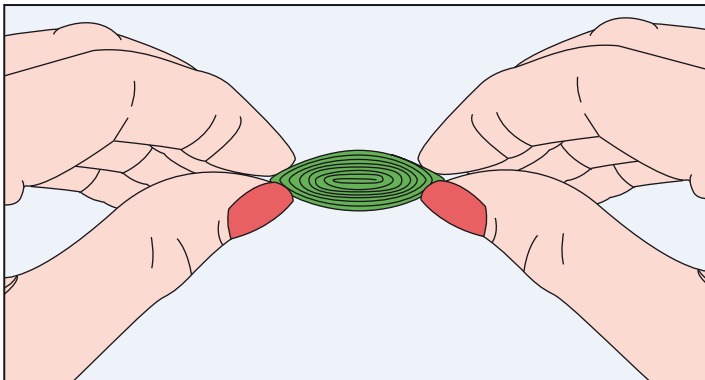




gently curve to make an arched stem. Glue the flowers to these three stems. Make additional leaves with single strips cut to a taper.

### Leaves:

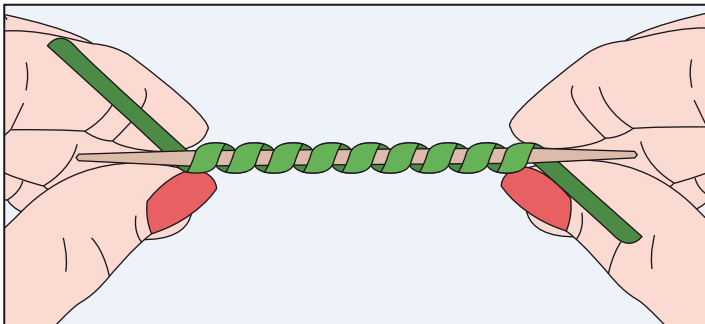
Using the gold edged green paper make seven leaves using quarter lengths as follows:- Wind a coil on the tool, drop coil from the tool onto the table, it will unwind a little, glue the



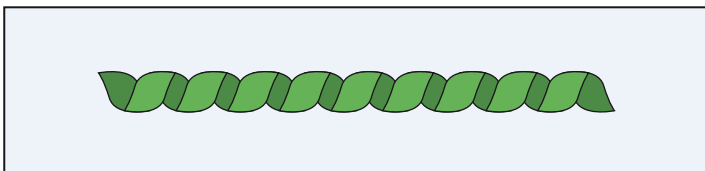
end to the previous layer with a tiny dab of P.V.A. Take this coil and pinch between your finger and thumb at both ends to form an eye shape.

### Stems:

Using the rest of the plain green, wind diagonally around a length of florists wire or a very fine knitting needle to form a spiral. Cut to length to suit the bouquet.



Hold one end onto the wire and rotate while holding strip against it with the other hand.



## Finishing The Card:

Position and glue the flowers and leaves onto the heart using the picture as a guide. Using a half strip of the gold edged green paper curl one end for approximately one quarter of the length and release from the tool. Curl the other end in the opposite direction. Glue into position onto the card. Tie a bow with the rest of the silver ribbon and glue into place with two of the roses made earlier. Position and glue the cupid motif.

Crimp the blue strip of paper and make a bow:- attach to the bouquet. Draw a pencil line guide 10mm from the edge of the card. Crimp the two silver strips and glue to make a border around the edge of the card positioning so they just cover the line. If you do not have a crimping tool, you could try using a ribbon bow on the heart and a border with a flat strip of quilling paper or some of the silver ribbon used around the heart or a silver pen line.

Many variations on this theme are possible. Below we show a congratulations card which has been made using the same techniques as the Valentines card, simply re-arranging the flowers and changing the border, colours and motifs, etc.





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