

# Checkered Heart

By Ginny Adams

## Materials Required:

10mm Quilling paper: 3 x Black, 3 x White, 1 x Green, 1 x Pale Green and 2 x Red.

Pink card 5cm x 12cm.

Small Quilling tool.

Tracing paper.

1 Sticky fixer.

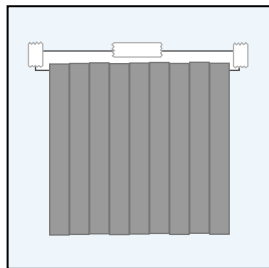
Sticky tape.

P.V.A. Craft Adhesive.

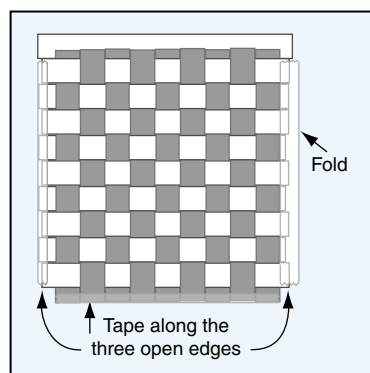
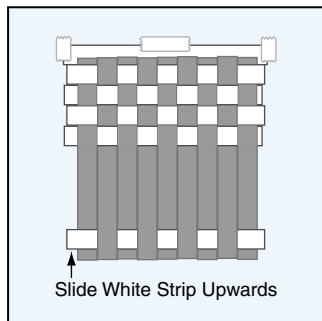
Card mount: AP10G Black/Gold.

## To Make The Card:

Cut each strip of black and white into quarters and weave the background. Lay a white strip on the table then glue black strips along it lining them up neatly side by side without any spaces in between. Tape this to the table by the white strip to prevent it moving while you work.



Weave a white strip over and under the black strips then slide it up to the top. Weave a second strip of white onto the black this time going under then over, slide this strip up so it butts against the previous one. Continue weaving in this way using ten white

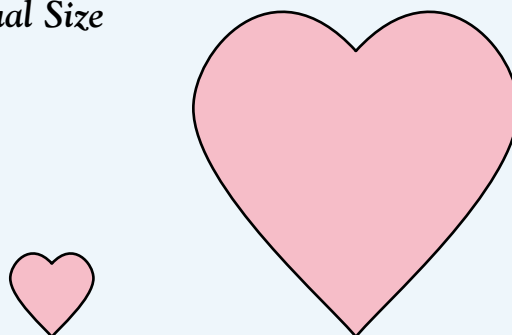


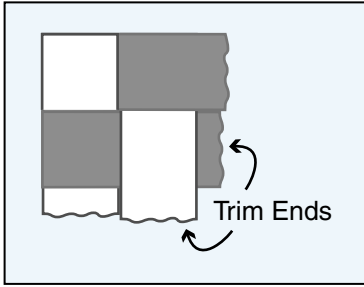
strips. Remove the tape holding the checks to the table, place strips of tape along the three open edges and fold under to secure.



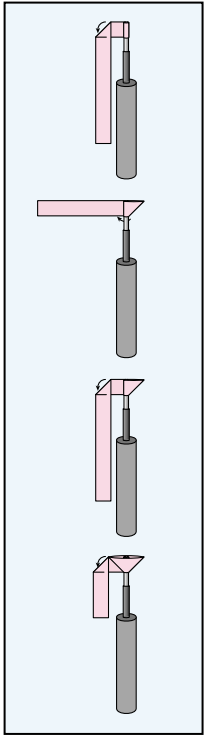
Trace over the heart diagrams in pencil, turn the tracing face down and retrace over the lines onto the pink card once for the large heart and twice for the small heart. Measure and cut a 28mm square from the remaining pink card.

*Actual Size*





Cut one black and one white strip in half and weave together as shown on the left, glue behind each overlap and trim the long ends to make a 20mm square.



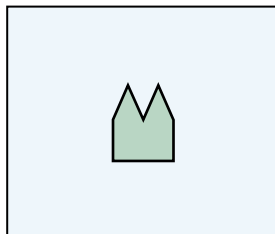
Make four roses using red quilling paper. Place one end of the paper into the tool and make two turns to secure. Fold the paper at a right angle as shown.

Roll it onto the tool bringing it up until it is in line with the paper on the tool again.

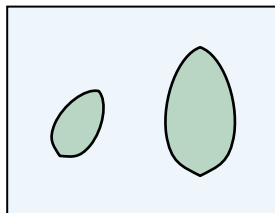
Fold the paper over at a right angle as before. Roll it onto the tool bringing it back into line again. Repeat these steps keeping the bottom of the rose tightly against the tool until the rose is the desired size.

Remove from the tool and glue the end. Make the bud in the same way but only bend and fold once before ending.

Cut the bud sepals using the diagram on the right and tracing paper to transfer the sepals to the green paper. Wrap the sepals around the bud and glue at the back trimming away any excess paper. Gently bend one of the sepals out and slightly down.



Trace the leaves and transfer to green paper. Cut 5 large leaves and 2 small leaves, pinch the points and bend a little to shape.



Cut a stem for the bud from green paper making it about 1mm wide, 35mm long and slightly curved. Cut the main stem from pale green making it approx. 60mm long, 2mm wide and slightly curved.

Lay the card mount over the check background positioning it so there is a narrow even border of checks all the way round, glue or tape the checks into place behind the aperture and glue the card closed.

Cut the sticky fixer into three and stick them onto the large heart, one on each side near the top and one near the point. Peel off the backing from each piece and stick the heart centrally onto the checks.

Glue the pale green stem onto the card taking it across the left side of the heart. Add the large leaves then glue the roses into place.

Glue the pink square onto the lower right corner of the card. Position the check square diagonally onto it and glue into place. Add the two small hearts positioning them so the points are almost touching.

Glue the stem onto the card overlapping the pink square and finishing just at the checkered square, add the two small leaves one each side of the stem and finally glue the rosebud onto the top of the stem.



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